

| KW 39 | | | | | | | | | | | |
|---|---------------------------|--|-----------------|----------|--|-------------|-------------|-------------|----|-------------|---|
| Trainingsplan HC TIWAG Innsbruck - Saison 2022/2023 | | | | | | | | | | | |
| Datum | ICE | ÖEL/U20 | U17 Gruppe 1 | U15 | U13 Gruppe 2 | U11 | U09 | U07 | LS | Goalie | Gesamt |
| Montag 26.09.22 | 10.00-11.20 | 19.30-20.50 | | | 18.00-19.20 | | | | | | 10.00-11.20 18.00-20.50 |
| Dienstag 27.09.22 | 10.00-11.20 | | 20.00-21.20 | | | 19.00-19.50 | 18.00-18.50 | | | | 10.00-11.20 18.00-21.20 |
| Mittwoch 28.09.22 | 10.00-11.20 | 19.00-19.50 | | | 17.00-17.50 | | | | | 18.00-18.50 | 10.00-11.20 17.00-19.50 |
| Donnerstag 29.09.22 | 10.00-11.20 | | 19.30-20.50 | | | 18.30-19.20 | 17.30-18.20 | 16.30-17.20 | | | 10.00-11.20 16.30-20.50 |
| Freitag 30.09.22 | 10.00-10.30 Bozen | 19.30-20.50 | 18.30-19.20 | | 17.30-18.20 | 16.30-17.20 | | | | | 10.00-10.30 16.30-20.50 |
| Samstag 01.10.22 | 10.00-10.30 Linz 19.15 | EAS | Okanagan rot | | Ultras Spittal wup: 12.40 Spiel: 12.50 | | Garmisch | | | | 10.00-10.30 12.40-14.30 17.30-20.20 |
| Sonntag 02.10.22 | | NHA | EAO | Lustenau | Icehawks wup: 10.00 Spiel: 10:10 | | Garmisch | | | | 09.00-11.50 |
| Auswärtsspiele | Mannschaft | Sponsorentaining: 09.00-09.50 | | | | | | | | | |
| | ICE | Bozen | | | | | | | | | 30.09.2022 |
| | U20 | Nordic Hockey Academy (Ferlach) | | | | | | | | | 02.10.2022 |
| | | Eishockey Akademie Steiermark (Graz) | | | | | | | | | 01.10.2022 |
| | U17 | Okanagan (St. Pölten) | | | | | | | | | 01.10.2022 |
| | | Eishockey Akademie Oberösterreich (Linz) | | | | | | | | | 02.10.2022 |
| | U15 | Lustenau | | | | | | | | | 02.10.2022 |